

# SEKEMsophia Symposium

## Fact Sheet



Dear Symposium participant, since our Symposium is starting soon, we would like you to give a first overview about the program and some additional information so that you are able to attune to the Symposium and to ensure that you bring and arrange everything that you need for a pleasant stay.

# SEKEM



## Accommodation in SEKEM Guest House:

Single Room full board accommodation (68 Euros person/night /80 US Dollars)

Double Room full board accommodation (111 Euros together per night /130 US Dollars)

For groups of more than four persons or financial support please contact via email there should be no financial reason for non attending

For registration: <https://goo.gl/forms/hVT6tf7QynLu85UM2>

To get further information check out our flyer:

Next SEKEMsophia Symposium 3. - 7. March 2019 (further Symposiums will be held on a quarterly basis)

Arrival should be on the 2nd March and Departure on the 8th March.

If you have any questions, please get in touch with [florian.mende@sekem.com](mailto:florian.mende@sekem.com)



## Board and Logging

If nothing diverging has been agreed on, you will be accommodated in the beautiful SEKEM guesthouse. Breakfast and dinner will be cared for in the hotel. For lunch you will join us in our cafeteria, where you will be served delicious Egyptian food. All the tap water has drinking quality on the farm, outside we recommend only bottled water.

[Download Flyer in English](#) | [Download Flyer in German](#)



Guest House

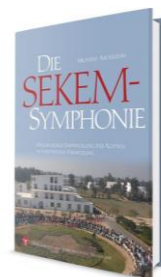


Palm House

## Information Material

If you want to attune to the SEKEM Sophia Symposium we recommend you to look into the following reading material:

- "The SEKEM Symphony": An Encounter of the Orient and the Occident changes Egypt - book by Ibrahim Abouleish, the founder of SEKEM.
- Check out our homepage - <http://www.sekem.com> - and for latest events or developments check in particular the [SEKEM Newsletter](#).
- We recommend you to read our current [Sustainable Development Report](#).
- [Sekeminitiative](#) on Youtube



The [SEKEM Shop](#) offers a broad variety of products from SEKEM in Europe.



## What to bring

### Clothing

To be able to choose the right set of clothes you should consider both the climate and the cultural peculiarities. Expect temperatures around 20°C during daytime and below 10°C in the night. So make sure to pack something warm. Furthermore, in accordance to egyptian culture you should cover your shoulders, back and stomach and avoid very figure-accentuating clothes in general. This rules apply more to women than to men. Nonetheless men shouldn't be wearing shorts or other clothes that show much skin either. As we intend to do some physical work on the farm, please bring some working clothes and steady shoes.

One of our program points includes drawing and writing. So if you have your own material that you would like to use, bring it with you. All the rest is taken care for.

## Entry Requirements and Airport Transfer

As entry requirements can vary for different countries please check if the following information are applying to you.

For the entry into Egypt your passport should be valid at least six months longer than you are planning to stay.



You can get your tourist visa upon arrival at the Cairo airport. It is available for the amount of 25 dollars or the equivalent in euros and must be paid in either one of these currencies. You will find the bank counter that sells the visas on the right side in front of the passport control. The visa is valid for 30 days and can be extended once you are here.

For further information and to avoid inconveniences due to sudden changes in entry regulations please take a look at the website of your Foreign Office.

Please make sure that we get your flight details so that we can arrange a driver for you. After finishing the immigration process you just have to walk out of the airport and you won't be able to miss the wooden sign saying SEKEM in welcoming orange letters. One hour later you will finally arrive at the farm.

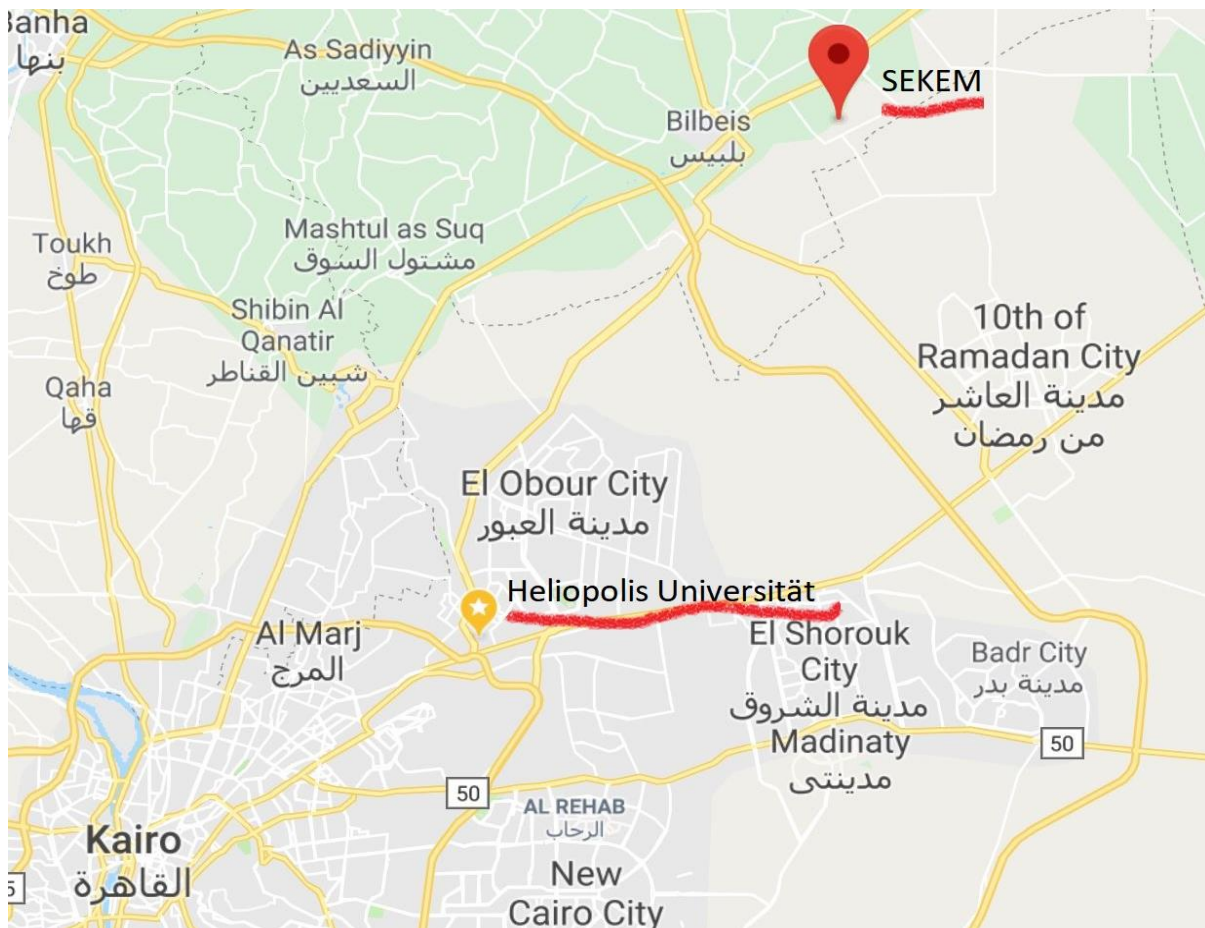
## Payment

We try to give you flexible way for the payment. For us it doesn't matter if you pay via bank transfer or in Cash. In cash we accept Euros, Dollars or EGP. It is not possible to pay with mastercard/visacard in the Guest House, so please do the bank transfer before your arrival or bring the amount in cash. You will find the bank account information in the invoice.

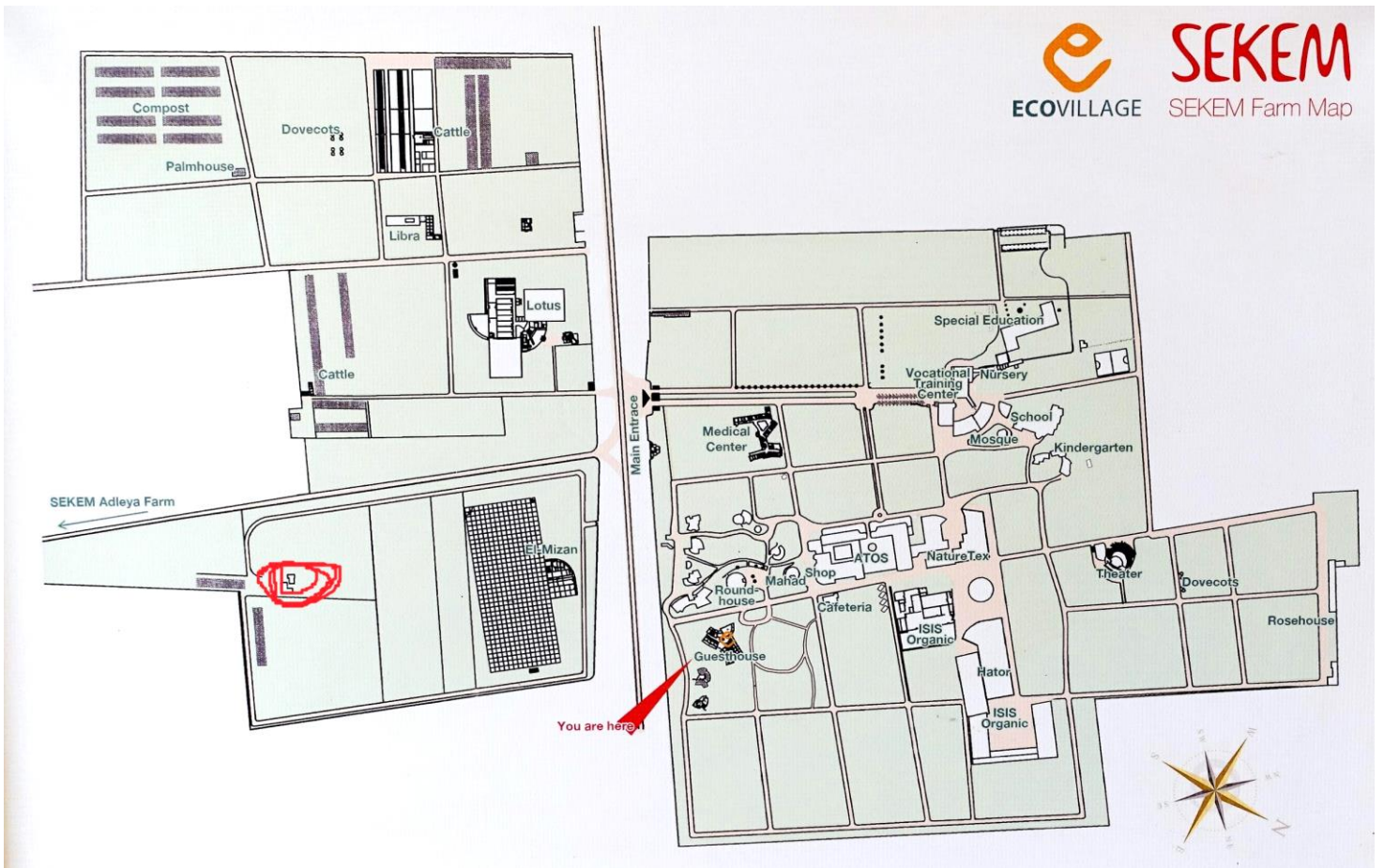
Bank Details					
Beneficiary	Bank	Bank Address	BIC	IBAN	
ATOS - SEKEM	GLS Gemeinschaftsbank	Bochum, Germany	GENODEM1GLS	DE15 4306 0967 0063 0424 00	

## Location

The Symposium will take place at the [SEKEM Farm](#) and in the [Head Office/Heliopolis University](#) in Cairo. If you come from Egypt



The red arrow shows the Guesthouse and in the red circle is the location of the Palm House



With joy we are looking forward to welcome you in SEKEM.